

# “Have Your Say” & “Growing Your Ideas”

## Children and Young People’s Events for Improvement of Research at the Cambridge CRS

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### Background, Aim and Method

In 2013 the Cambridge CRF established a Children’s Non-Executive Board steering committee. It meets to discuss how continuous improvement can be achieved through involving children and young people in the Cambridge CRF.

The Children’s Board’s influence highlighted several areas for improvement. These were subsequently addressed by holding the two children’s events.

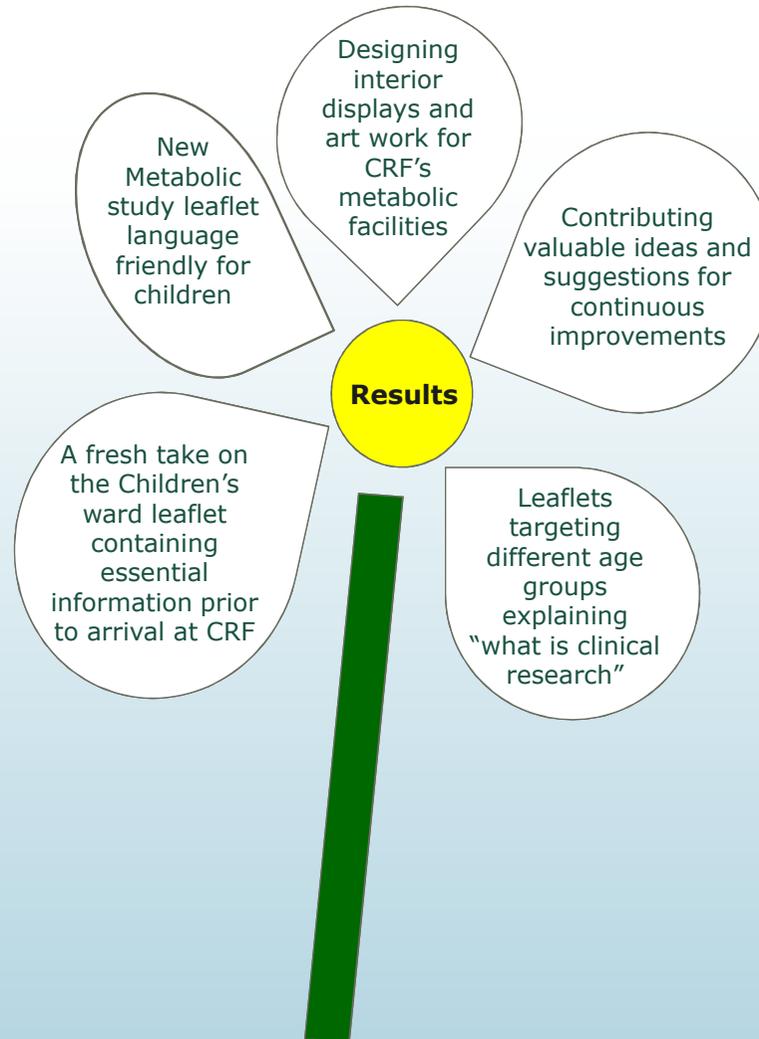
“Have Your Say” was a large scale event (34 children) held in September 2015. The purpose of the event was for young people to input into the design of generic and research study specific patient information sheets, making sure that other children would be able to relate to the language.

Furthermore, the aim was to include previous members of the Children’s Board, but also to expand by gaining an older age group (13 – 16) as little was known of this age group’s research views.

A programme of mixed sessions was facilitated. Giving information (such as presenting two case studies) was combined with interactive information gathering.

The meeting helped us change the way we consult children in the analysis of on-going feedback in the CRF.

“Growing your ideas” (in June 2016) followed up ideas from the previous event.



### Contact

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### Findings

- Value of ideas making a real contribution
- Enjoyment of activities (e.g. becoming a researcher, seeing equipment, designing a study)
- Understanding of role of researcher

- Need for list of websites/ contacts/ leaflets about research opportunities.

### Findings for older age group

- They would like to learn more about research and involvement in studies
- Comments about relevant literature and information targeting their age group



### Conclusion

“Have Your Say” enabled the children to contribute to all the work for continuous improvement.

The “Growing Your Ideas” event was a follow up to “close the loop” of the feedback process. This showcased all the children’s efforts.

